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***Center***

FOR FOOD  
& NUTRITION

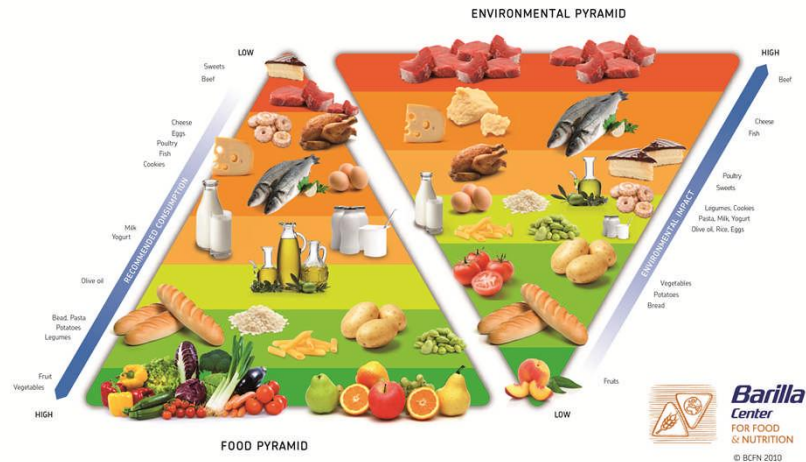
## **La Doppia Piramide BCFN e la coltivazione Sostenibile del Grano duro in Italia**

**Luca Ruini**

Direttore HSE

Referente BCFN dell'area Food for Sustainable Growth

THE DOUBLE FOOD AND ENVIRONMENTAL PYRAMID MODEL, PROPOSED BY BCFN IN 2010



## Doppia Piramide BCFN

## Coltivazione Grano Duro Sostenibile & Progetto Aureo

# www.BarillaCFN.com: 4 Macro AREE



# The Scientific Contribution – BCFN Papers published in 2011

Water Economy

April 2011

Food Security:  
Challenges  
and Outlook

May 2011

2011 Double Pyramid:  
Healthy food for people,  
sustainable for the planet

July 2011

Beyond GMOs.  
Biotechnology  
in the agri-food sector

July 2011

Longevity and well-being:  
the role of diet

September

The future of agriculture:  
toward sustainable  
agricultural models

October 2011




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# Barilla Center for Food and Nutrition



**Barilla Center FOR FOOD & NUTRITION**

The future of food is growing with us.

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**HIGHLIGHTED TOPICS**

- Double pyramid
- Water Economy
- Food security
- Biotechnologies
- Longevity

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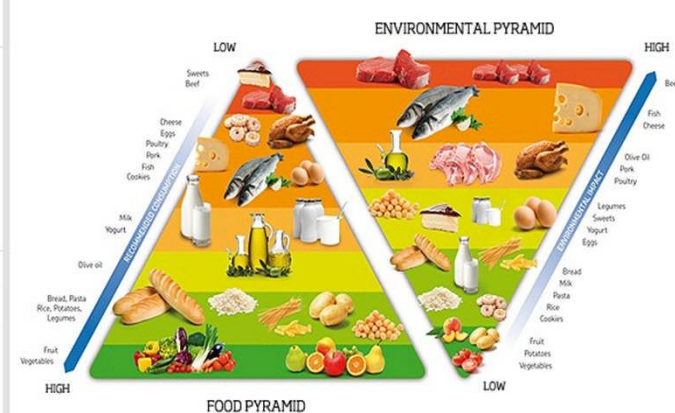
Home » Double pyramid

**JUL 6<sup>th</sup> Double Pyramid**  
A model for a healthy and environmental friendly life

[Discover the impact »](#)

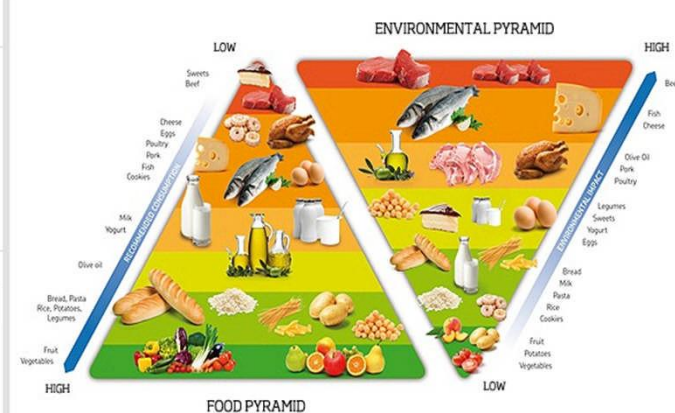
[Double Pyramid](#) | [Scientific basis »](#) | [Position paper »](#) | [6<sup>th</sup> July Event »](#)

**ENVIRONMENTAL PYRAMID**




LOW | HIGH

**FOOD PYRAMID**




HIGH | LOW


The issue of food is gaining in relevance regarding the environmental impact due to the production, distribution and consumption of food. For this reason in 2010, the Barilla Center for Food and Nutrition developed the model of the Double Pyramid of Food and Environment, a tool that links the nutritional aspect of food with its environmental impact.



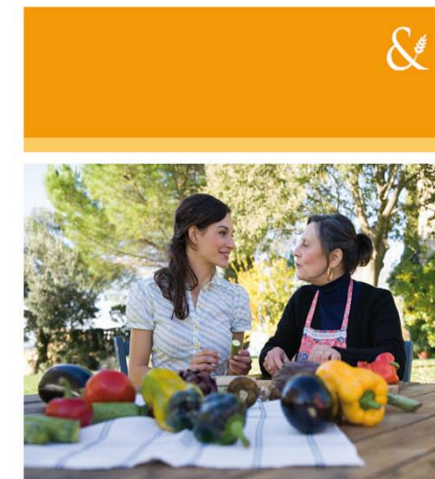
*The environmental impact of foods »*



*Double Pyramid for those who are growing »*



*Double Pyramid for Adults »*



2011 Double Pyramid:  
Healthy food for people,  
sustainable for the planet

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All Papers can be downloaded by the official website: [www.barillacfn.com](http://www.barillacfn.com)

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The Italian Food Company. Since 1877.

# La Doppia Piramide Alimentare del BCFN



Doppia Piramide:  
alimentazione sana per le persone,  
sostenibile per il pianeta

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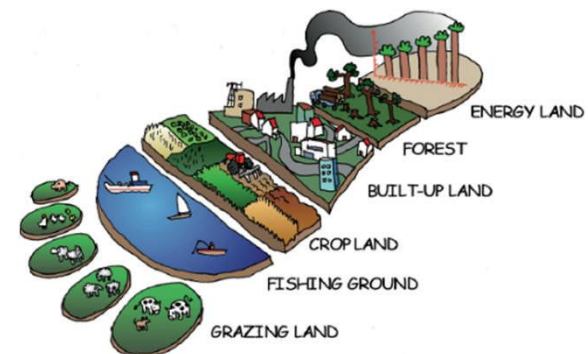
2010



Doppia Piramide 2011:  
alimentazione sana per tutti  
e sostenibile per l'ambiente

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2011





Il **Carbon Footprint** rappresenta la quantità totale di gas serra (GHG – GreenHouse Gas) emessi direttamente e indirettamente dalle attività antropiche lungo tutto il ciclo di vita, è espresso in termini di tonnellate di CO2 equivalenti.



PAS 2050:2008

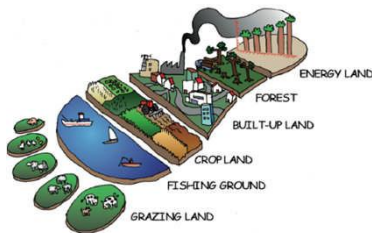


ISO 14064:2006



Il **Water Footprint** misura il consumo di acqua in termini di volumi utilizzati (evaporati) e/o inquinati per unità di tempo sempre lungo tutto il ciclo di vita.

([www.waterfootprint.org](http://www.waterfootprint.org))

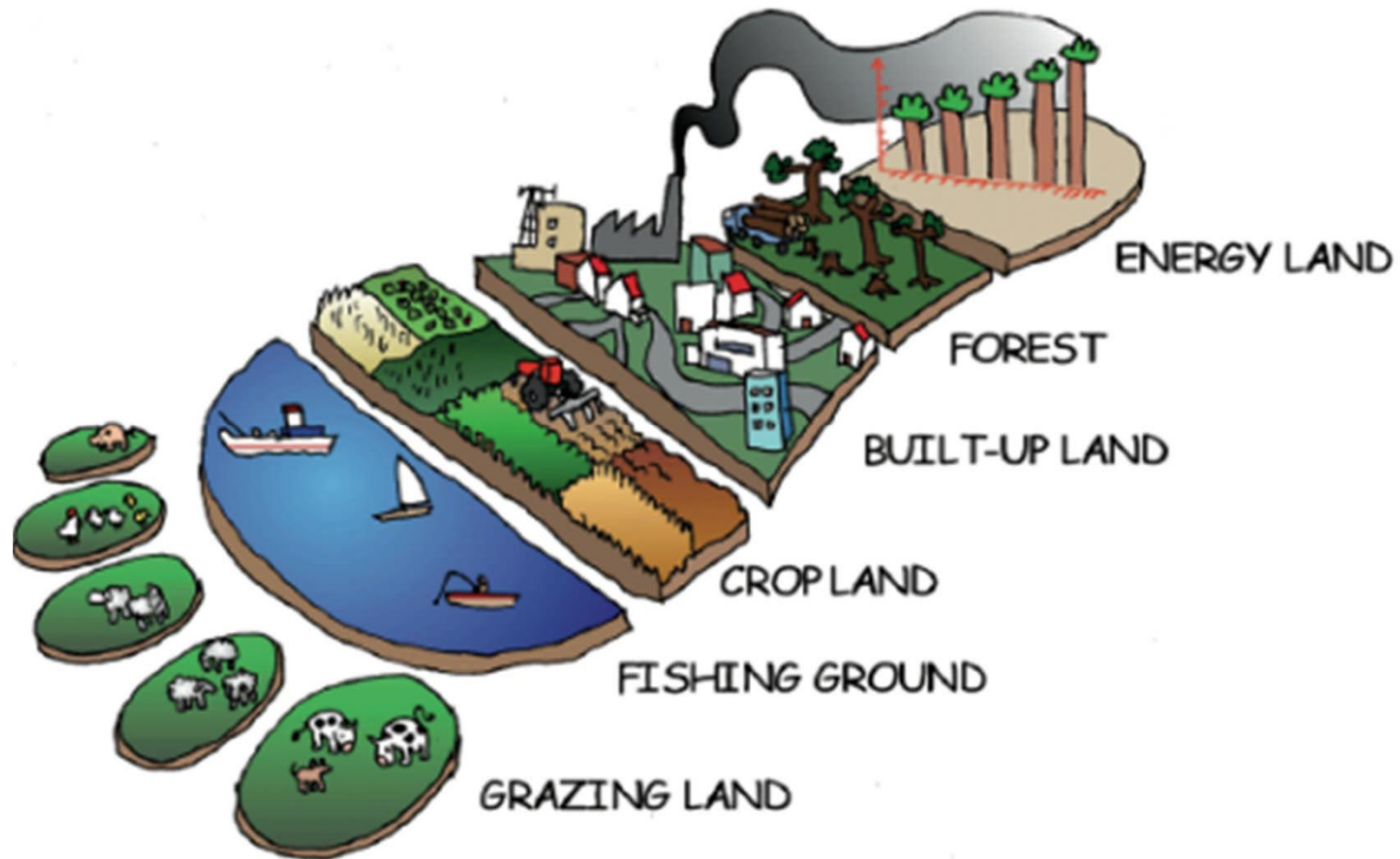


L'**Ecological Footprint** è una misura di quanti appezzamenti di terreno o marini biologicamente produttivi sono necessari per rigenerare le risorse consumate e per assorbire i rifiuti prodotti da una popolazione umana o da una singola attività antropica, utilizzando pratiche di gestione delle risorse e tecnologie dominanti.

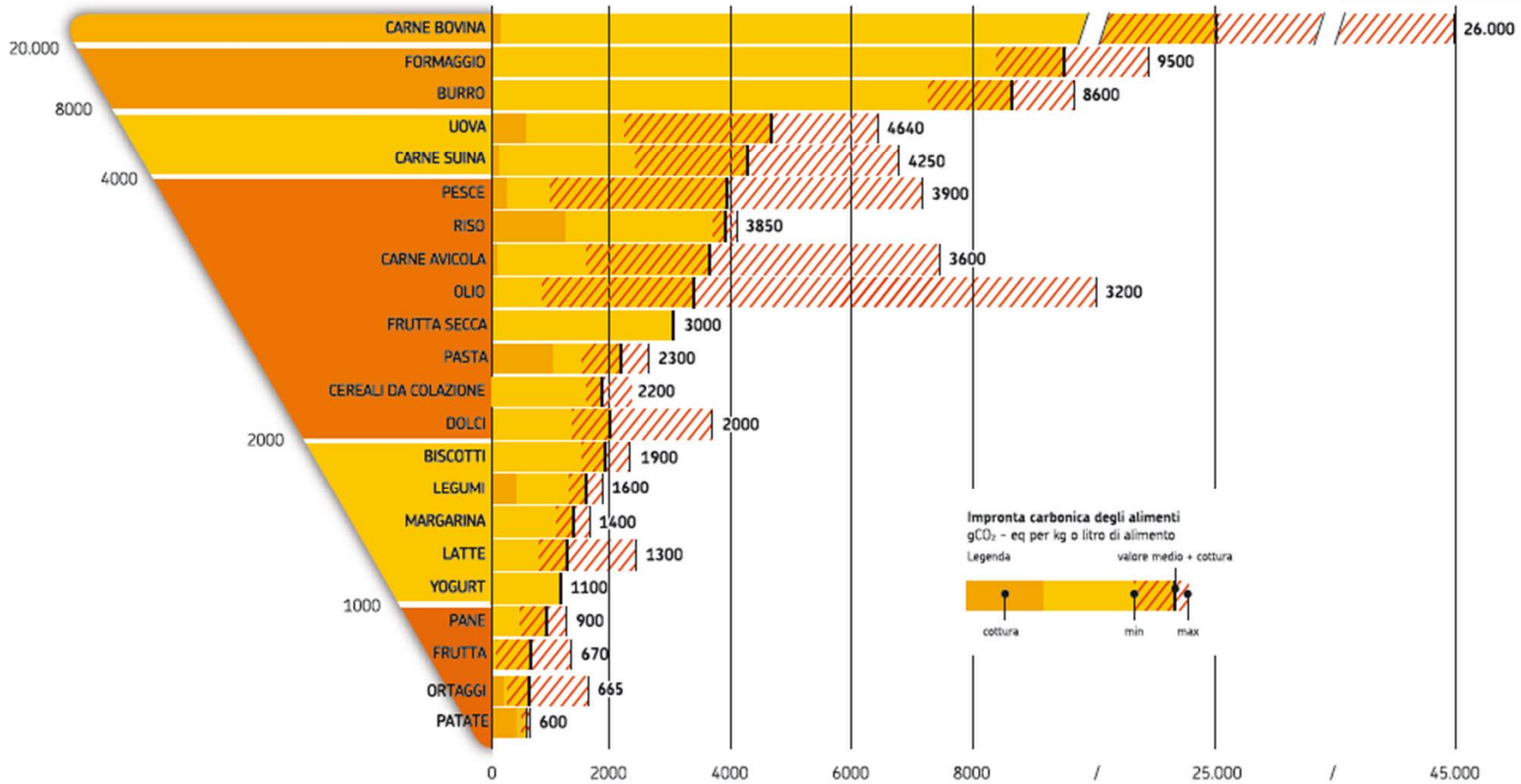




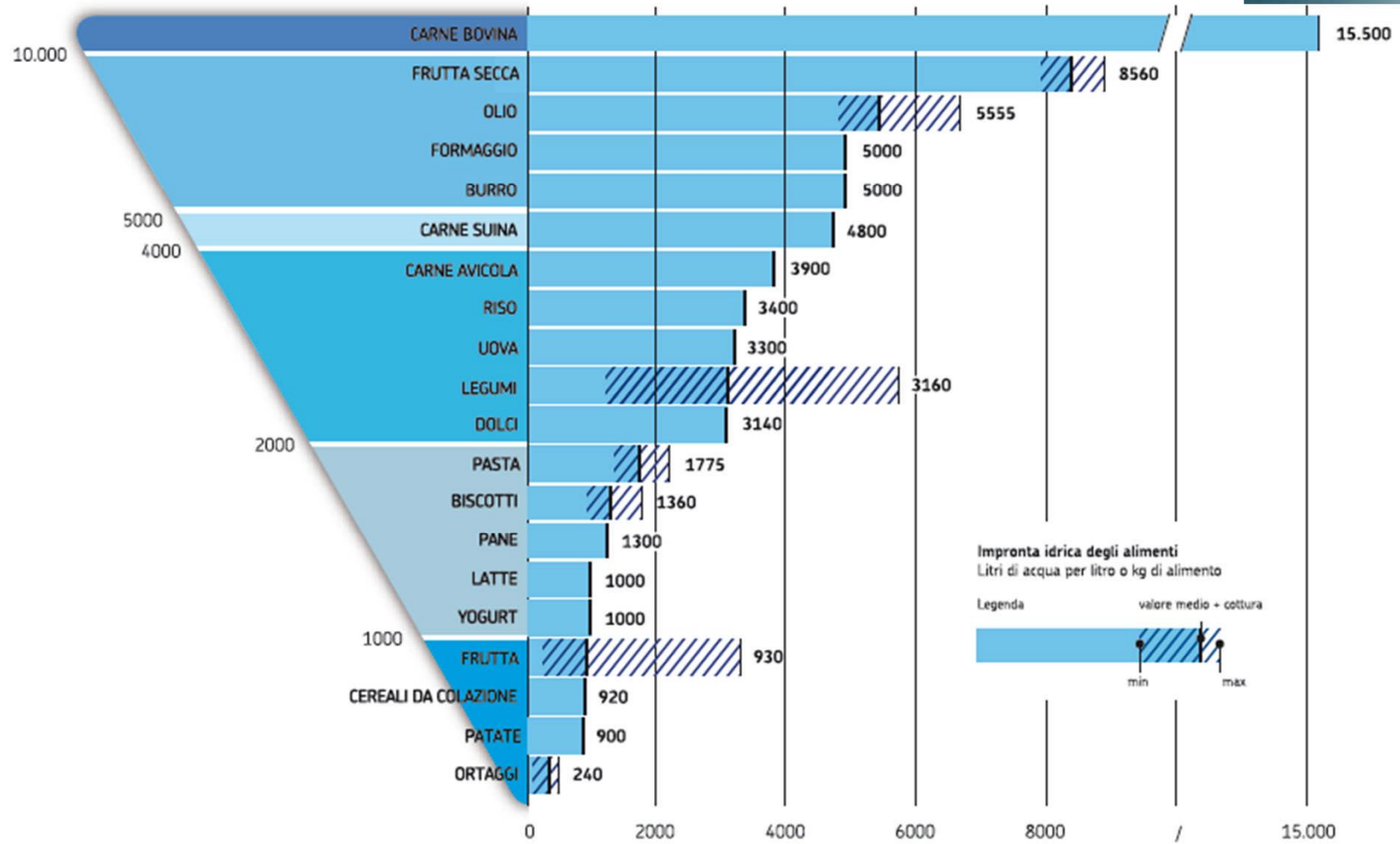
## ECOLOGICAL FOOTPRINT



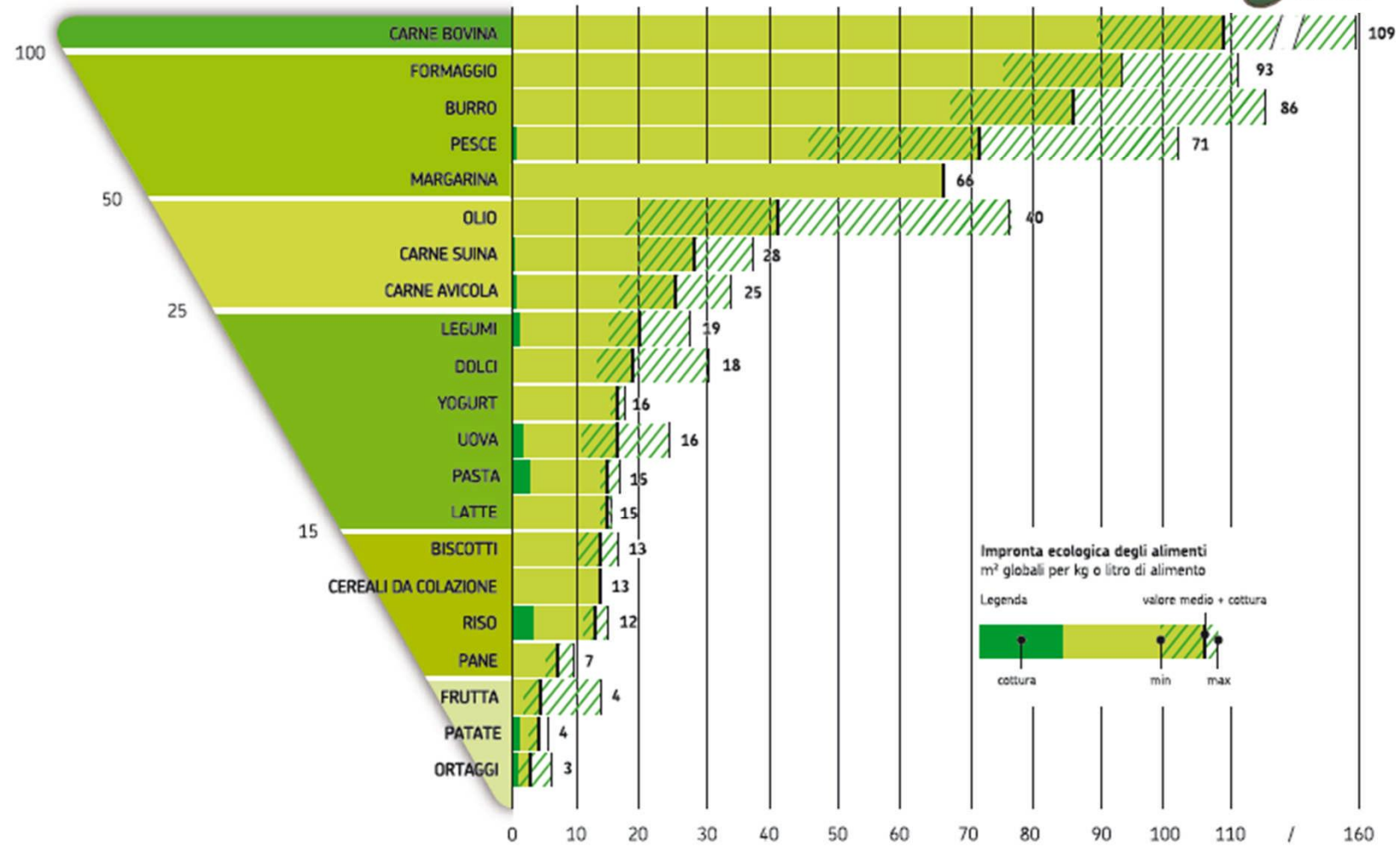
# Piramide Ambientale: Carbon Footprint

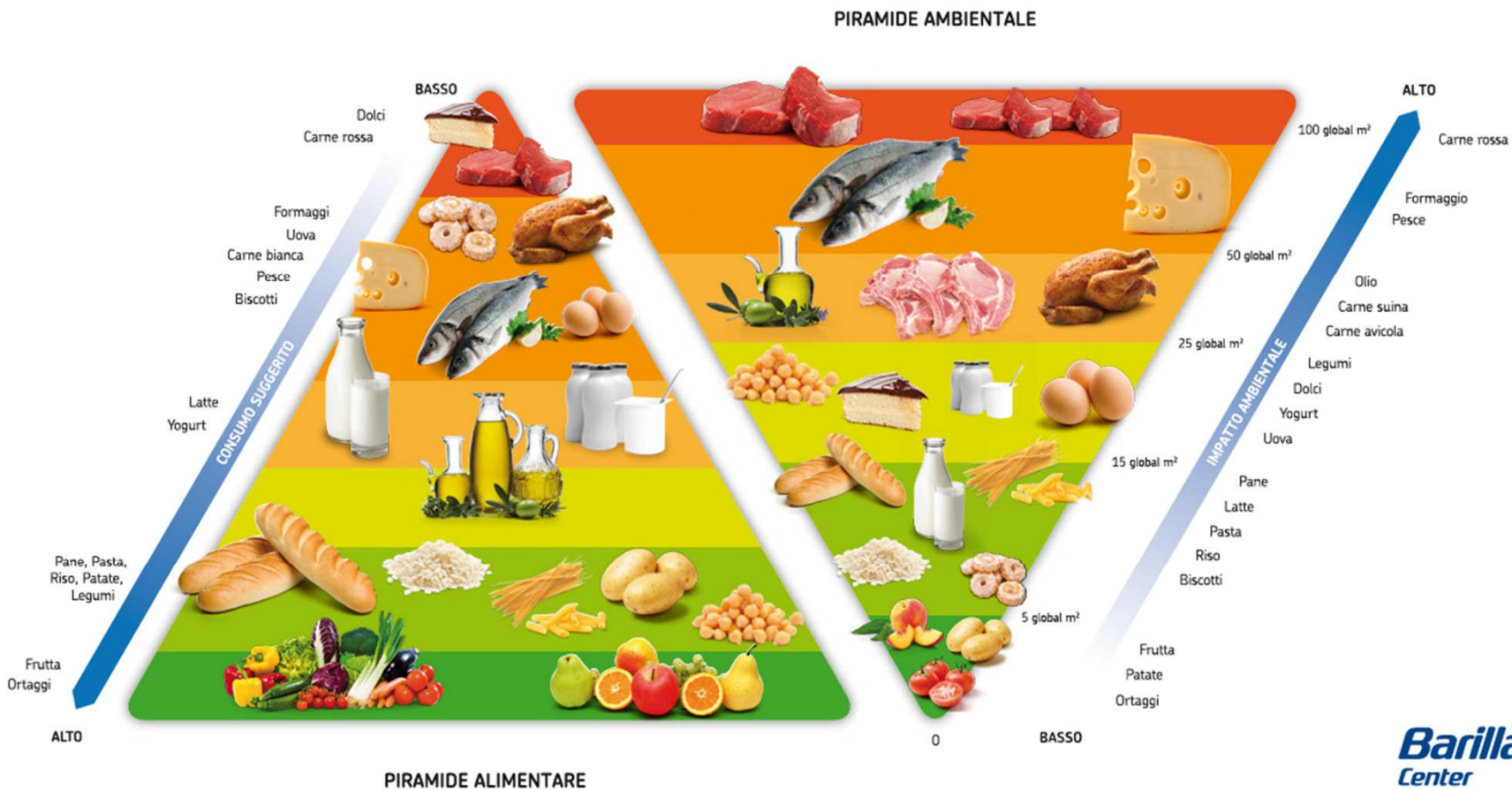


# Piramide Ambientale: Water Footprint



# Piramide Ambientale: Ecological Footprint

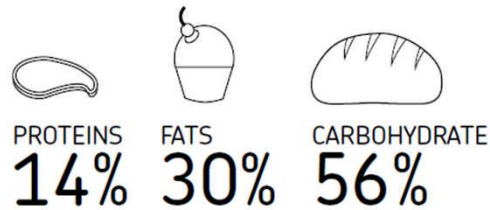




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# Water Footprint of two different Menus

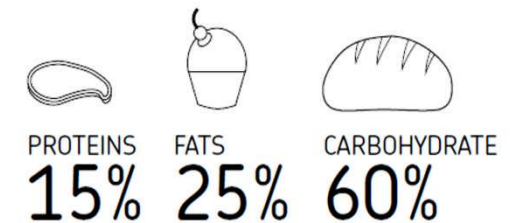
**"VEGETARIAN" MENU**  
**2030** TOTAL K CALORIES  
**1530** LITERS OF WATER CONSUMPTION



Breakfast	Snack	Lunch	Snack	Dinner
1 Portion of fruit (200g) 4 Bread rusks	1 Small container of low-fat yogurt 1 Fruit	1 Portion of Caserecce 1 Portion of squash and leek quiche	1 Small container of low-fat yogurt 1 Packet of unsalted crackers	1 Cream of vegetable soup – steamed green beans (200g) and potatoes (400g) with grated parmesan cheese
152 LITERS	185 LITERS	300 LITERS	115 LITERS	<b>780 LITERS</b>

Source: Barilla Center for Food and Nutrition, 2011

**MEAT MENU**  
**2140** TOTAL K CALORIES  
**4300** LITERS OF WATER CONSUMPTION



Breakfast	Snack	Lunch	Snack	Dinner
1 Cup of low-fat milk 4 Cookies	1 Portion of fruit (200g)	1 Slice of pizza Margherita mixed Green salad	1 Container of low-fat yogurt	1 Portion of pasta with peas 1 Grilled beef-steak (150 g) 1 Slice of loaf
183 LITERS	120 LITERS	1325 LITERS	125 LITERS	<b>2550 LITERS</b>

# Carbon Footprint of two different Menus

**VEGETARIAN MENU**  
**2030** TOTAL  
 KCALORIES  
**2095** g CO<sub>2</sub> eq



**Breakfast**

- 1 portion of fruit (200 g)
- 4 rusks

195 g CO<sub>2</sub> eq

**Snack**

- 1 portion low-fat yougurt
- 1 packet of unsalted crackers

145 g CO<sub>2</sub> eq

**Mid-morning snack**

- 1 portion low-fat yogurt
- 1 fruit

210 g CO<sub>2</sub> eq

**Dinner**

- 1 portion of vegetables: steamed green beans (200 g) and potatoes (400 g) with grated cheese (40 g)

**990** g CO<sub>2</sub> eq

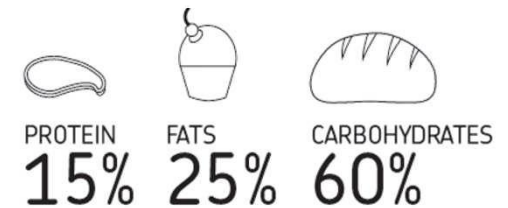
**Lunch**

- 1 portion of pasta with fennel
- 1 portion of squash and leek quiche

555 g CO<sub>2</sub> eq



**MEAT MENU**  
**2140** TOTAL  
 KCALORIES  
**6455** g CO<sub>2</sub> eq



**Breakfast**

- 1 cup of low-fat milk
- 4 cookies

250 g CO<sub>2</sub> eq

**Snack**

- 1 portion low-fat yogurt

140 g CO<sub>2</sub> eq

**Mid-morning snack**

- 1 portion of fruit (200 g)

135 g CO<sub>2</sub> eq

**Dinner**

- 1 portion of vegetable soup/pasta with peas
- 1 grilled beef steak (150 g)
- 1 slice of bread

**4210** g CO<sub>2</sub> eq

**Lunch**

- 1 portion of cheese pizza, mixed green salad

1720 g CO<sub>2</sub> eq

Source: BCFN, 2011.

Fonte: BCFN, 2011.

# Ecological Footprint of two different Menus

VEGETARIAN MENU  
**2030** TOTAL KCALORIES  
**16** GLOBAL m<sup>2</sup>



**Breakfast**

1 portion of fruit (200 g)  
 4 rusks

1 global m<sup>2</sup>

**Mid-morning snack**

1 portion low-fat yogurt  
 1 fruit

3 global m<sup>2</sup>

**Lunch**

1 portion of pasta with fennel  
 1 portion of squash and leek quiche

4 global m<sup>2</sup>

**Snack**

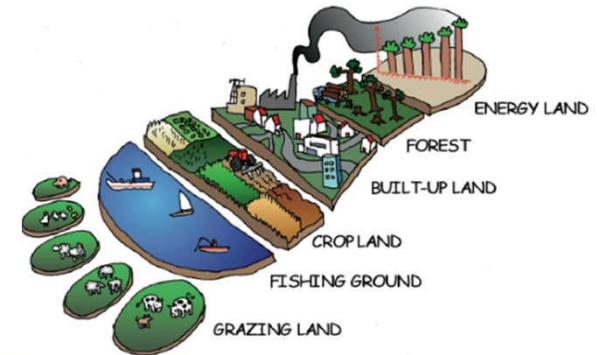
1 portion low-fat yogurt  
 1 packet of unsalted crackers

1 global m<sup>2</sup>

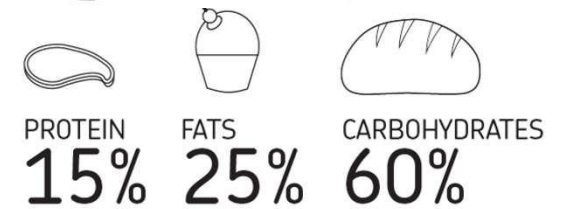
**Dinner**

1 portion of vegetables: steamed green beans (200 g) and potatoes (400 g) with grated cheese (40 g)

**7**  
 global m<sup>2</sup>



MEAT MENU  
**2140** TOTAL KCALORIES  
**42** GLOBAL m<sup>2</sup>



**Breakfast**

1 cup of low-fat milk  
 4 cookies

3 global m<sup>2</sup>

**Mid-morning snack**

1 portion of fruit (200 g)

1 global m<sup>2</sup>

**Lunch**

1 portion of cheese pizza, mixed green salad

16 global m<sup>2</sup>

**Snack**

1 portion low-fat yogurt

2 global m<sup>2</sup>

**Dinner**

1 portion of vegetable soup/pasta with peas  
 1 grilled beef steak (150 g)  
 1 slice of bread

**20**  
 global m<sup>2</sup>





# Barilla CSR Environment Commitments



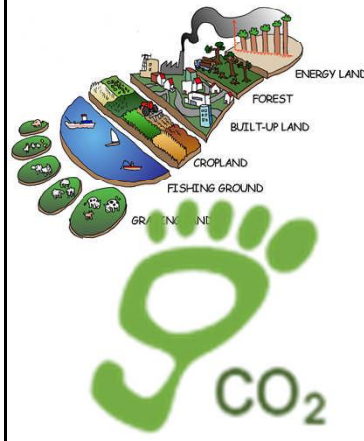
## 2014 GOALS (vs 2008)

### COMMITMENTS

#### BARILLA ECOLOGICAL FOOTPRINT REDUCTION

Via two priority commitments:

- **Reduce Greenhouse Gases (GHG) emissions** in line with the objectives of the **Kyoto Protocol**
- **Minimize other Environmental Impacts** along the **Supply Chain**, with special emphasis particular attention on reducing and **recycling packaging materials**.



Develop the **procedure** and **calculate** the **Ecological Footprint** for **Barilla Products** fixing 2014 target (2011 CSR report).

- **Reduction of Carbon Footprint** for **Barilla products** by **-15%**
- **Reduction by -30%** of the **Energy Global Warming Potential (GWP)** (direct + indirect)
- Increase the **percentage of Recyclable Packaging** issued onto the market up to **+95%** of total Packaging



# Barilla CSR Environment Commitments



## COMMITMENTS

## 2014 GOALS (vs 2008)

### ENERGY EFFICIENCY

To develop products and processes which are as **energy-efficient** as possible all along the **supply chain**, seeking where possible to **reduce our dependence on fossil fuels** such as oil and carbon.



**Reduce** the total Energy Consumption per finished product by **-10%**



### WATER RESOURCES MANAGEMENT

**Rationalize** our use of water resources all **along the Supply Chain**.



**Develop** the **method** and **calculate** the **Water Footprint** for **Barilla products**, fixing 2014 targets (2011 CSR report).

**Reduce** direct water consumption per finished product by **-30%**





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**Environmental  
Product  
Declaration**  
of durum wheat  
semolina dried  
Pasta in paperboard  
box (brand Barilla)



**CPC code**  
2371 — Uncooked  
pasta, not stuffed or  
otherwise prepared  
PCR 2010: 01 version 1.1  
2010-06-18

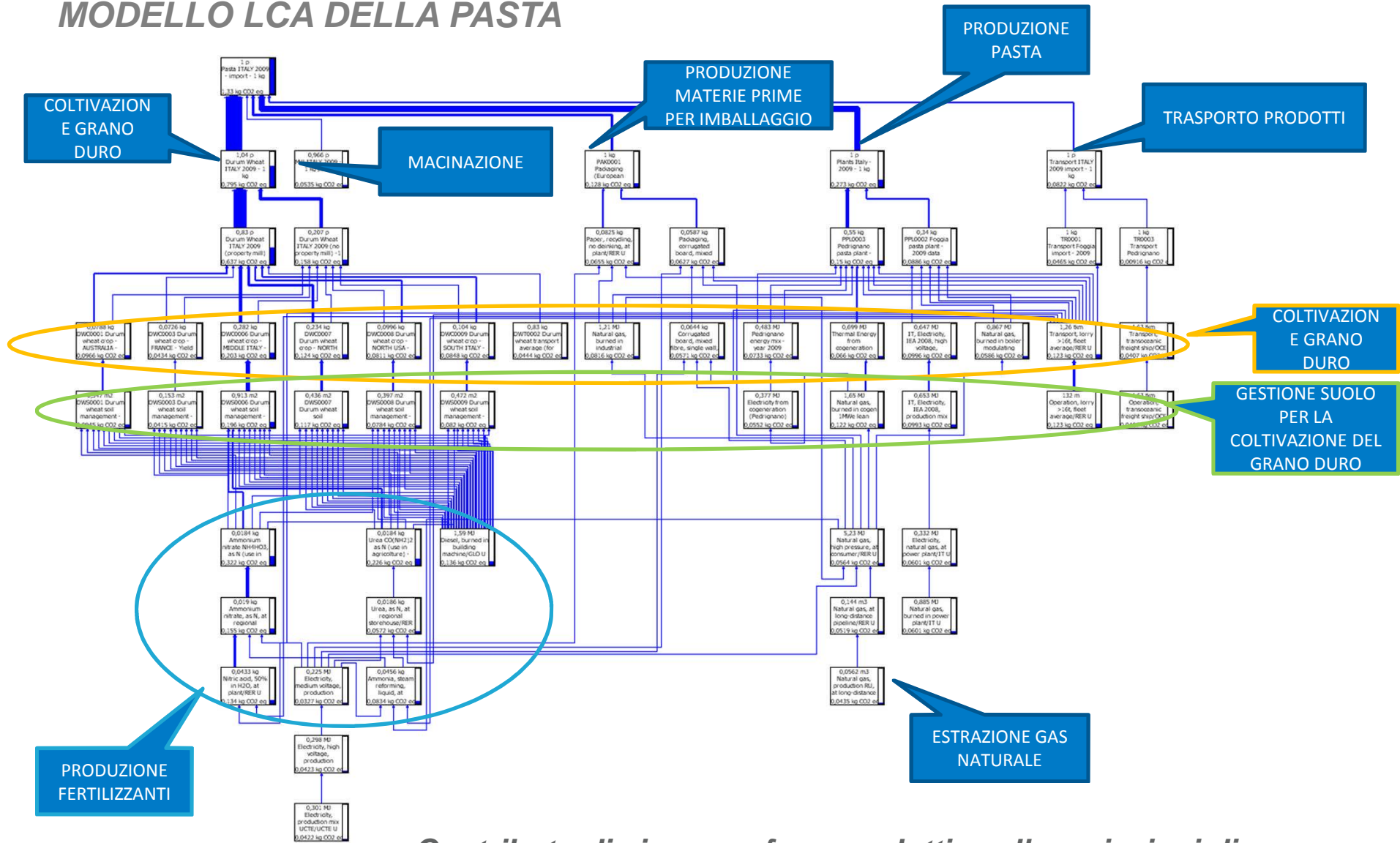
**Approval date**  
10/03/2011  
Valid 3 years

**Revision**  
2

**Registration number**  
S-P-00217

# Barilla EPD Process System

## MODELLO LCA DELLA PASTA



Contributo di ciascuna fase produttiva alle emissioni di gas serra

## OBIETTIVI

1. Analisi **veloci, semplici e affidabili**
2. Risultati **verificati e certificati**

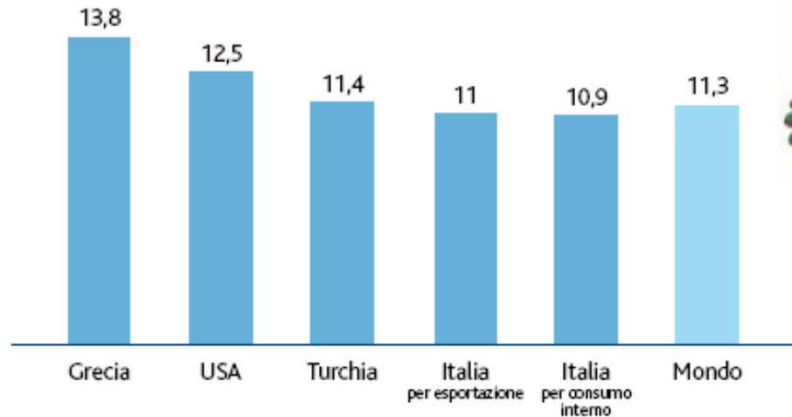


Vattenfall has had its EPD process certified.



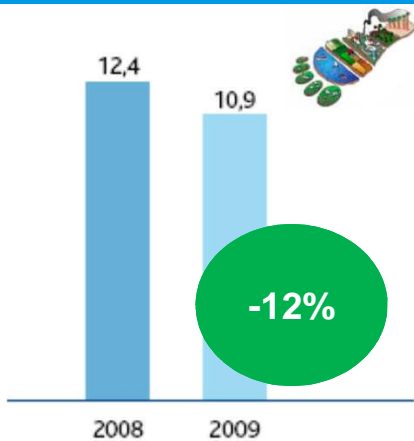
## VATTENFALL AND BARILLA PIONEERING EPD PROCESS CERTIFICATION

Ecological Footprint della pasta di semola (gm<sup>2</sup>/Kg)

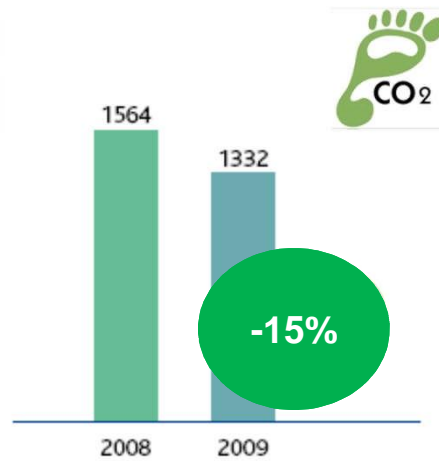


Il risultato è stato ottenuto grazie alle fasi di **coltivazione del grano duro** e di **produzione della pasta**, che ha beneficiato dell'avvio dell'impianto di cogenerazione

Ecological Footprint della pasta di semola italiana (gm<sup>2</sup>/Kg)

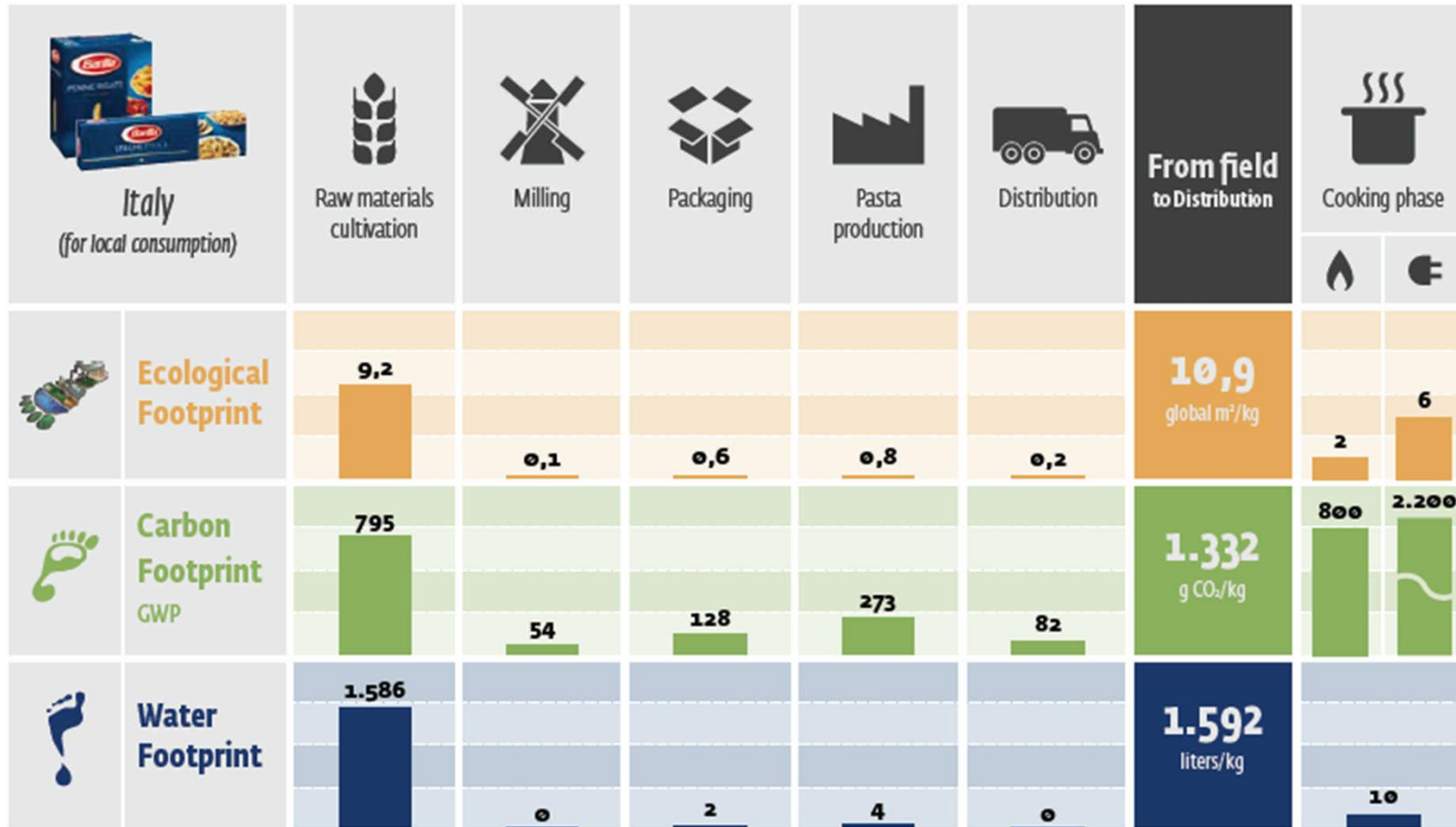


Carbon Footprint della pasta di semola italiana (gCO<sub>2</sub>eq/Kg)



**Environmental Product Declaration of durum wheat semolina dried Pasta in paperboard box (brand Barilla)**

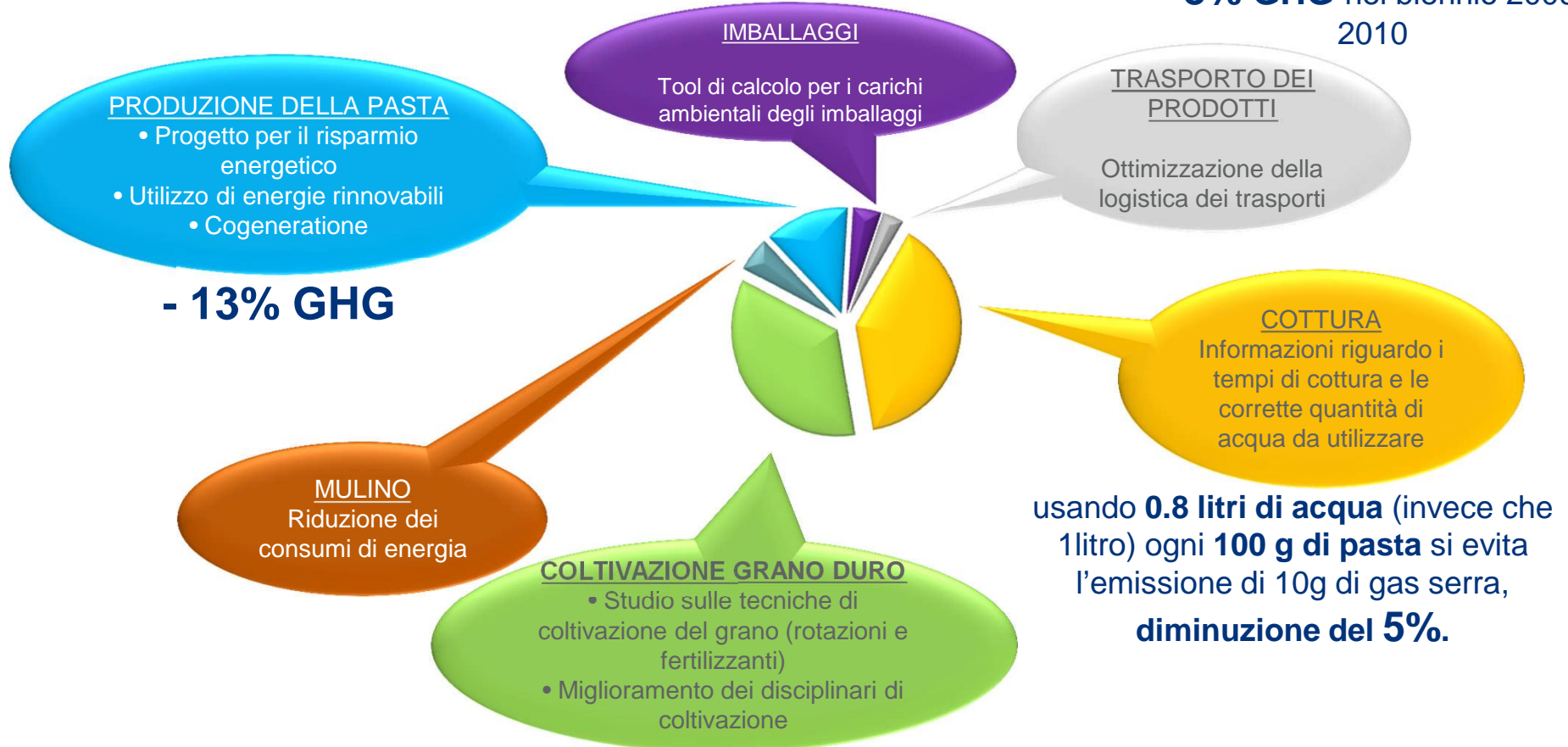
<b>CPC code</b> 2371 — Uncooked pasta, not stuffed or otherwise prepared PCR 2010: 01 version 1.1 2010-06-18	<b>Approval date</b> 18/03/2011 Valid 3 years
<b>Revision</b> 2	<b>Registration number</b> 5-P-00217



percentuale di packaging riciclabile da **92% a 95%** nel biennio **2009-2010**

Razionalizzazione della logistica Number 1:

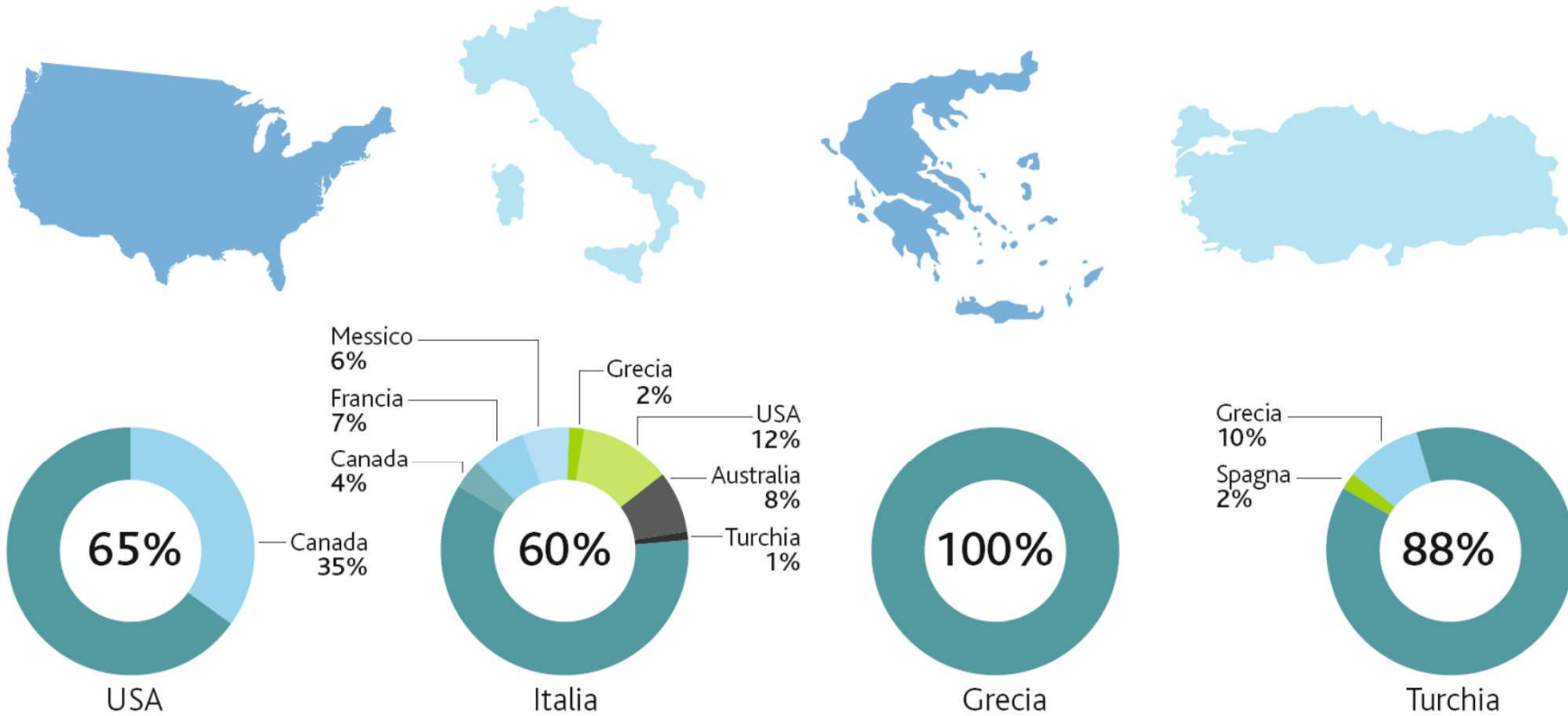
- **8% GHG** nel biennio 2009-2010



Riduzione possibile: - **50% GHG**  
(mancata emissione di **310 kg di GHG per ton di grano duro prodotto**)



Quanto grano duro totale usiamo per produrre la nostra blue box



## *SCOPO DEL PROGETTO MULTIDISCIPLINARE GRANO DURO BARILLA SOSTENIBILE*

Il progetto multidisciplinare, valutando i parametri economici, produttivi, agronomici, ambientali e di sicurezza alimentare vuole:

- 1) Identificare per il Frumento Duro i Sistemi Agricoli “sostenibili” per le singole aree con l’obiettivo di innalzare sia la qualità che la quantità della materia prima
- 2) Validare sul campo i vari Sistemi Colturali individuati nei vari territori di produzione nazionali.
- 3) Introdurli nei Disciplinari Barilla di Coltivazione del Frumento Duro.



# Coltivazione grano duro

27

## INDICATORI USATI PER VALUTARE LA SOSTENIBILITÀ

Produzione in granella

**Carbon Footprint** o **Impronta del Carbonio**: espresso in tonnellate di CO<sub>2</sub> equivalenti per ton di granella di frumento duro prodotta.

**Water Footprint** o **Impronta Idrica**: espressa in metri cubi di acqua per tonnellata di granella prodotta.

**Ecological Footprint** o **impronta Ecologica**: misurato in “global hectares” per tonnellata di frumento duro prodotta.

**Reddito lordo (RL)**: misurato in Euro per tonnellata di granella prodotta

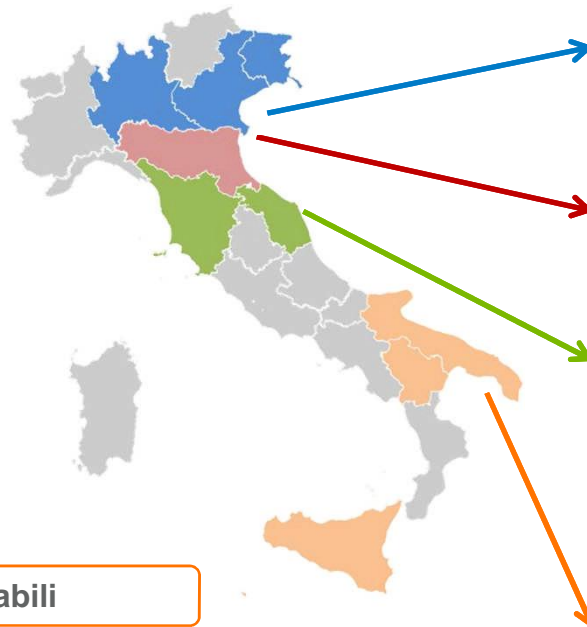
**Efficienza di utilizzazione dell’Azoto (NUE)**. misurato in kg di granella di frumento duro prodotta per kg di azoto distribuito (concimi)

**Indice di sicurezza alimentare (DON)**. Esprime il rischio di contaminazione della granella da parte del Deossinivalenolo (DON) e varia da 0 (non vi sono le condizioni per la produzione di micotossine) a 9 (le condizioni sono molto favorevoli alla produzione di micotossine).



## ANALISI LCA SISTEMI COLTURALI

### Sistemi culturali analizzati



Lombardia, Veneto and Friuli (PLV)	Coltivazioni
Mais	Mais (3 anni) – Grano duro
Diversificato	Soia – Grano Duro – Colza - Mais
Emilia Romagna (RER)	Coltivazioni
Cerealicolo	Mais – Grano Duro – Sorgo - Grano
Industriale	Soia – Grano Duro - Mais – Grano
orticolo	Pomodoro - Grano Duro - Mais – Grano
Marche and Toscana	Coltivazioni
Cerealicolo	Grano Duro (3 anni) – Sorgo
Proteico	Pisello Proteico (2 anni) - Grano Duro (2 anni)
Alfa alfa	Alfa alfa (3 anni) – Grano Duro
Industriale	Colza – Grano Duro – Girasole – Grano Duro
Puglia, Basilicata and Sicilia	Coltivazioni
Mono coltura	Grano Duro (4 anni)
Foraggio	Grano Duro (2 anni) – Avena e vecchia (2 anni)
Orticolo	pomodoro – Grano duro - Pomodoro – Grano duro
Cece	Cece (2 anni) – Grano Duro (2 anni)

### Variabili

- Specie coltivate all'interno delle rotazioni colturali
- Attività Colturali "in campo" (*Hi – Alto Input; Li – Basso Input*)
- Uso di Fertilizzanti
- Situazioni Climatiche Regionali
- Rese

### Confini del sistema

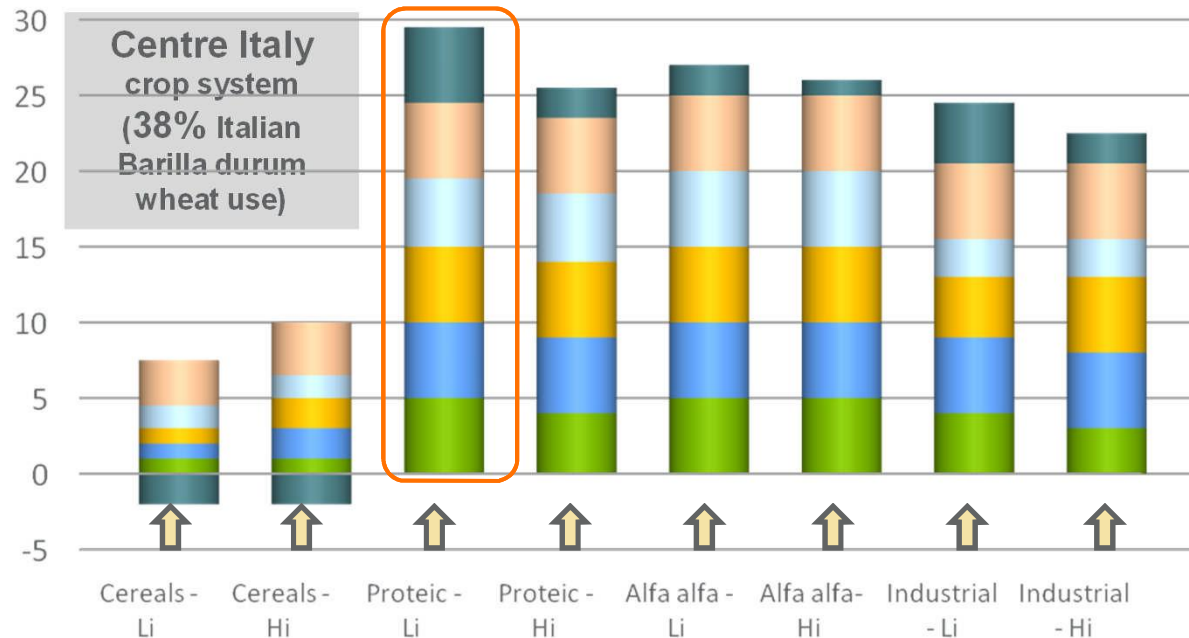


## ANALISI LCA SISTEMI COLTURALI

### Sistema Colturale Centro Italia (rappresenta il 38% dell'uso di grano Italiano Barilla)

#### Performance indicators

- Net Income
- DON Index
- Nitrogen Index
- Carbon Footprint
- Water footprint
- Ecological Footprint

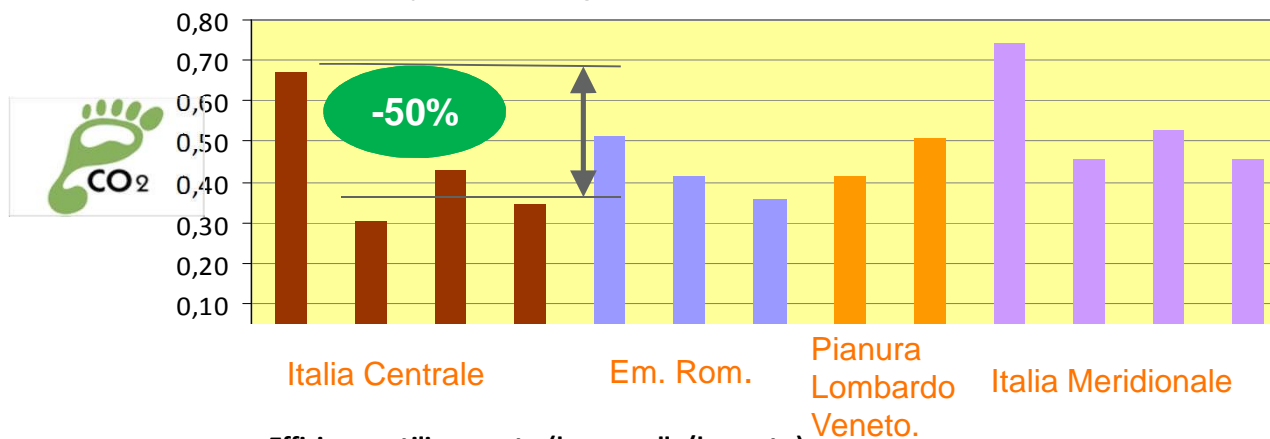


Il sistema colturale identificato dimostra che ai miglioramenti agronomici e ambientali corrispondono anche dei benefici economici per l'agricoltore. La riduzione di gas serra prevista è dell'ordine del **50%** (mancata emissione di **310 kg di gas serra** per tonnellata di grano duro prodotto)

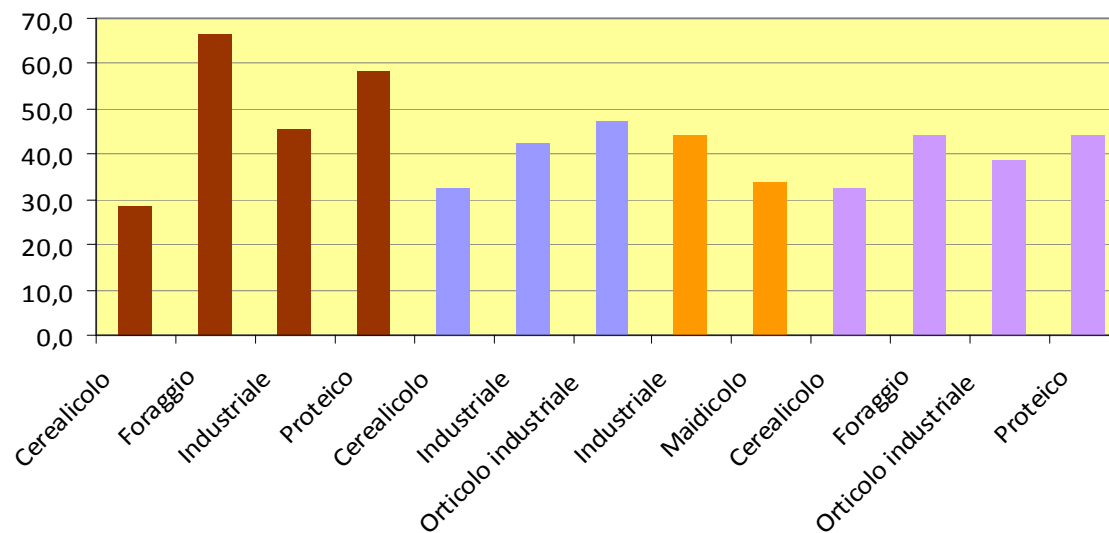
# Coltivazione grano duro



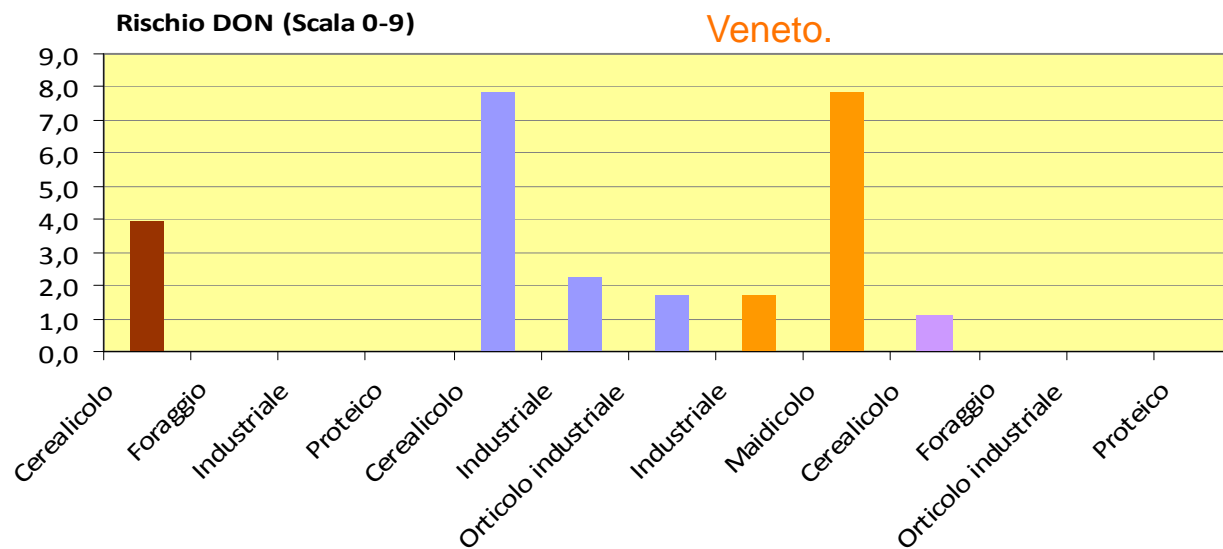
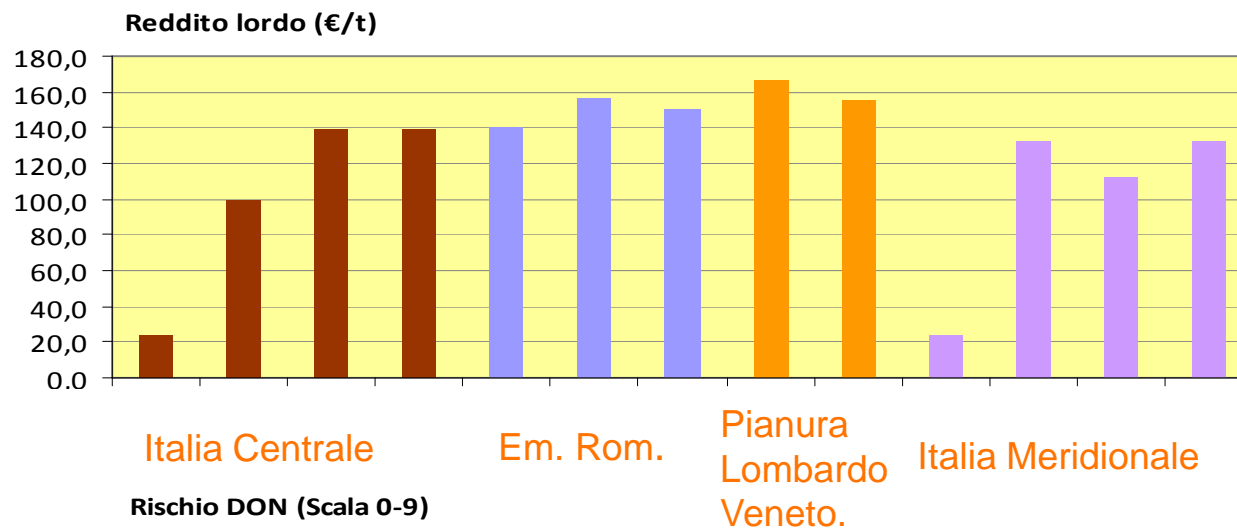
Carbon Footprint (t CO<sub>2</sub>/t granella)



Efficienza utilizzo azoto (kg granella/kg azoto)



# Coltivazione grano duro





I Risultati della prima parte del progetto  
*Dal paradigma dell' "e" al paradigma dell' "o"*

ovvero

**Esistono Sistemi Colturali Sostenibili  
sia ambientalmente che economicamente**



# Coltivazione grano duro

## Seconda Parte del Progetto

*“Frumento Duro: Sostenibilità dei Sistemi Colturali in Italia 2011-2012”*

La seconda parte del Progetto è quella della “misurazione effettiva di campo” della sostenibilità del frumento duro in sistemi colturali più favorevoli, ponendoli a confronto con quelli tradizionali.

Abbiamo già individuato alcune Aziende Agricole con cui misurare la reale applicabilità in campo delle soluzioni individuate



# Progetto Aureo prima fase 2010: Grano Duro dal deserto USA al Sud d'Italia

Nel 2010, circa 20.000 tonnellate della nuova varietà di grano duro Aureo sono state coltivate nel Sud Italia invece che nella regione desertica nel Sud-Ovest degli Stati Uniti.

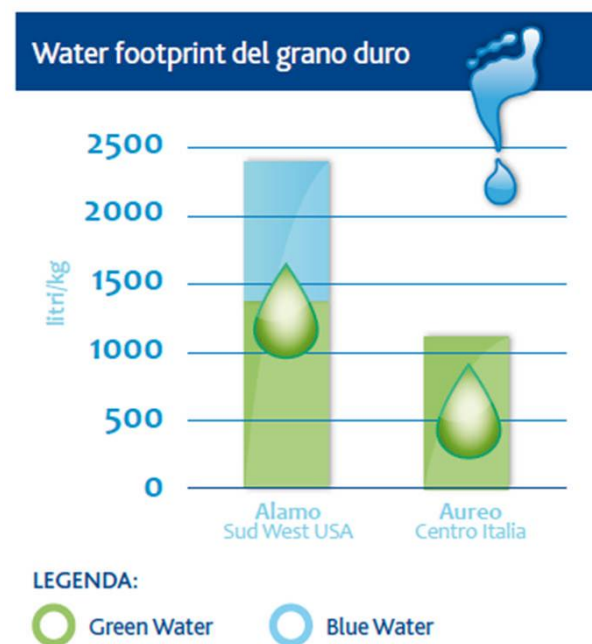
Si sono ridotti gli impatti ambientali:



**WATER FOOTPRINT:**  
- 20 milioni di m<sup>3</sup> di acqua



**CARBON FOOTPRINT:**  
-1.000 t di CO<sub>2</sub> equivalente



*Thank you*

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*luca.ruini@barilla.com*